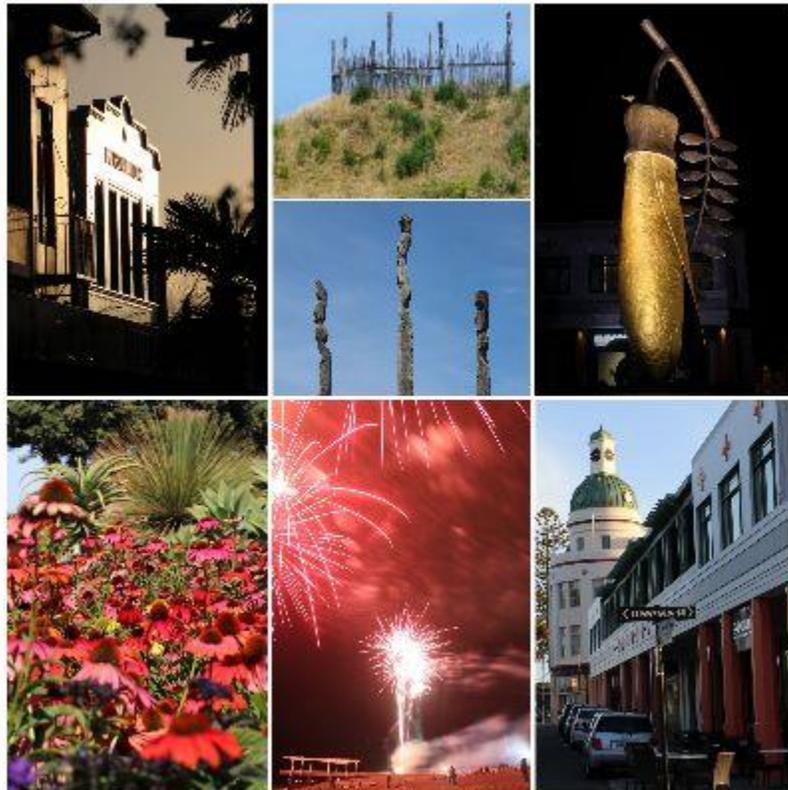




Everyday people, everyday places,  
everyday things

07 September 2020



Our favourite places.... Napier

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# Kia Ora,

Welcome to another new week and a new Disability Update for Hawkes Bay.

Belated Father's Day wishes to all the Dad's out there, hope you all had a great day yesterday. It was definitely the perfect day for getting out and about.

Did you know....

Today is 'Superhuman Day'

For years those who faced the challenges of disability in all its forms dealt with a stigma that was forced on them, that they were somehow less capable of doing amazing and, dare we say it, Superhuman things. Superhuman Day celebrates and brings awareness to the thousands of athletes, musicians, artists, and everyday people who have overcome what was once perceived as a crippling limitation and gone on to prove that "[Yes I Can](#)"

To learn more about Superhuman Day click [here](#)

It was just too difficult to pick only one favourite place in the Bay for this week's team member. Check further down in this newsletter to see who it is and why it's special to them. And as an added bonus, these photo's are from this person own collection :-)

Please feel free to email in a photo of your favourite local spot, remember to tell us why is special to you.

information@drchb.org.nz

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## **\*COVID-19 UPDATE\***

**Hawke's Bay is at Level 2.**

**During Level 2, we remain open, but we observe the safety protocols as we did during the previous Level 2 alert:**

- **We will continue to sign in and out of the Centre**
- **We must remain vigilant with hand washing and sterilising**
  - **We must maintain social distancing**
- **And finally, if you are ill please do not come into the Centre, you will be asked to leave.**

**Please visit the [New Zealand Government dedicated COVID-19 information portal](https://www.covid19.govt.nz/) for current updates and changes to Alert Levels as and when they arise.**

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## **DRC Living Life Connected**

Each week we will focus on one aspect of our services in more detail and this week we explore Scopze in more detail.



**Did you know.....**

**Scopze seeks to provide opportunities for people with disabilities to participate in their community in a supportive, structured environment.**

**The community day service offers a range of activities and will work with you to develop an individual plan. Activities may include:**

- **Daily living skills**
- **Education and learning activities**
- **Social activities**
- **Recreation and leisure services**

**[Find out more about Scopze](#)**

Time for some great news!!!



## House of Champions

Starring Jono, Celeste and Carla wins the audience choice award at the [Los Angeles Diversity Film Festival](#)

In small town New Zealand, three adult flatmates are striving for Special Olympics glory. With their sights firmly set on achieving gold, can they beat the odds or will life get in the way?

House of Champions is a local doco following the highs and lows of Special Olympians and is currently screening on ThreeNow if you haven't seen it yet.

If you missed it the first time round you can watch it [here](#)



Relay for Life Hawkes Bay

## It's Relay for Life, but not as you know it!

**Venue: Hawke's Bay Regional Sports Park**

**Date: Saturday 17 October 2020**

2020 has been a year like no other, and this year Relay for Life in Hawke's Bay will look a little different. It will still be an inspirational and fun event for the whole community, where we **Celebrate** with survivors, **Remember** loved ones lost to cancer and come together as a community to **Fight Back** against cancer.

But this year we've shaken things up! Teams will come down to the Sports Park and TOGETHER walk around the limestone path, completing fun, educational and poignant activities along the way. When you reach the end you will be able to enjoy the music, entertainment and food stalls, all with a fantastic community spirit.

You don't need a huge group to take part either - your team can be as small as 3 people! We encourage family/whanau, service and community organisations, corporate groups, local businesses, schools and sporting clubs to register for this event.

Find out more [here](#)



Age Concern Napier are holding their Annual General Meeting on Thursday  
24<sup>th</sup> September 2020 at 10am.

Nominations are being sought for the position of President and Board of Governance  
members. Meetings are held monthly.

If you have an interest in supporting older people in the community and be part of an  
organisation that is the lead provider for older people's services in the community, we  
would welcome your expression of interest.

Telephone 8421346 or email [napier@ageconcernhb.org.nz](mailto:napier@ageconcernhb.org.nz)

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**WHEN YOU CAN'T  
FIND THE  
SUNSHINE, BE THE  
SUNSHINE.**

**\*\*\*\*LAST WEEK TO REGISTER\*\*\*\***



***Special  
Olympics***



### **Football Programme**

Along with Central Football, Special Olympics are pleased to announce an exciting new programme in Hawke's Bay.

There are only 50 spots available for a 5 week skills delivery programme, starting Tuesday 3rd November 10.30am-12pm at Pettigrew Arena.

More information can be found [here](#) and the entry form can be found [here](#).  
Registrations must be in by Friday 11th September, so make sure you get in quick!

For any inquiries about these any of these events, please [contact Jemma Drake Directly](#).

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### **Articles of Interest**

[Wheel Blacks prepare for Japan's Paralympic Games](#)

[Govt Fails To Deliver For Mental Health As Need Grows](#)

[Covid-19 penetrates politics as people start to decide who to vote](#)

[UN Experts Launch Ground-breaking Guidance On Access To Justice For People With Disabilities](#)

BIG BROTHERS BIG SISTERS HAWKE'S BAY  
**NEED MALE MENTORS**  
 WHO MENTORED YOU? PAY IT FORWARD!



BBBS currently has a list of young MALE children who are waiting to be matched with a MALE MENTOR.

Mentors' ages can range from 18 to 80 years old. Mentoring is about providing support to a young person who needs a friend, and being willing and able to support that young person through a friendship based relationship on a regular basis.

Become a Big Brother mentor today, and help shape a child's future for tomorrow. By sharing a small amount of your time, you can make a big difference in the life of a young person in Hawke's Bay.

"You don't need to change your life to change theirs"

**For more information Contact:**  
 Patricia Small on  
 Mobile: 022 5812965  
 Email: [patricia@bbbs.nz](mailto:patricia@bbbs.nz)  
[www.bigbrothersbig sisters.org.nz](http://www.bigbrothersbig sisters.org.nz)



## Why Napier is my favourite local spot...

My favourite place in Hawke's Bay is Napier.

It has everything I want. The Art Deco buildings are beautiful, especially in the evening sun and lit up at night; the beach is peaceful and relaxing, and has a great fireworks displays over the calendar New Year and Matariki celebrations.

There are many different gardens to appreciate and significant historical points of interest including Otatara Pā and the pou on the hill behind EIT, as well as a wide variety of art around town.

Napier is so close to so many other places too, it's a great place to enjoy life.

John DRCHB

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### **Editors Note**

We are pleased to be able to send out this information and to keep the community informed about what's going on. Please continue to send us your flyers, and any information you have about cool stuff happening here. Don't forget to add your contact details for readers who want further information about your event.

We also appreciate any feedback you have about this newsletter. Tell us what we got right, got wrong or just let us know what you want to see.

### **Friendly reminder**

To ensure your notices, news items and information gets into the update, please have details into us by this **Friday 12pm midday** at the latest. The update gets sent out weekly on a Monday.

DRC receives information from our many networks which we pass on in this update. Feel free to share and use this information.

To place a notice, phone 06 873 8210, 0800 693 342, or email [information@drchb.org.nz](mailto:information@drchb.org.nz).

**Keep up to date with us on Facebook** [facebook.com/drchb](https://facebook.com/drchb) **and visit our website at** [www.drchb.org.nz](http://www.drchb.org.nz)



Click [here](#) for Firstport

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Funded by:



