living life connected

Everyday people, everyday places, everyday things, everyday times

“Through the dancing poppies stole A breeze,

most softly lulling to my soul.”

John Keats

08 November 2021

Kia Ora,

Welcome to this week's Disability Information and Advisory Service newsletter.

Don't forget to check out the details of the StarJam End of Year concert being held at Toi Toi on December 2. Hawkes Bay is currently the only region planning to hold their concert in a theater with an audience. Fingers crossed that it will still happen.

Have a great week :-)

IN THIS WEEK'S EDITION

StarJam End of Year Concert

Regional Disability Strategy for Play, Active Recreation and Sport

Rare Disorders NZ 2021 Survey

Land Based Training Course 2022

Special Olympics Summer Games 2022

Beacon Medical Alarm

We are looking forward to continuing bringing you news about inclusive events and happenings in the Bay, so if you have something to share, please let us know.
information@drchb.org.nz

COVID UPDATES

- Hawke's Bay is currently at Level 2
- At Alert Level 2, there are no restrictions on who can be included in your household bubble.
- You can go to work, and all businesses and services can open but legally must follow public health rules.
- Early learning services, schools, kura and tertiary education facilities are open to everyone.
- Even if you have been vaccinated, you still need to follow the rules to keep everyone safe.
- For more information regarding Alert Level 2 please click here.

DRC living life connected

Do you follow the DRC living life connected Facebook page?

DRC living life connected is involved in here.

STARJAM

End of Year Concert

Thursday 2 December 2021
Toi Toi Hastings (The Opera House)
Starts 6.30pm

Tickets available on the night
Adults $10
Kids $5
Family of four $25
Gold Card Holders $7

email hawkesbay@starjam.org

Rare Disorders NZ 2021 Survey

Rare Disorders NZ have just released their 2021 Survey

The purpose of this survey is to collect much-needed data on what it means to live with a rare disorder in New Zealand in 2021.

https://raredisorders.org.nz/about-rare-disorders/voice-of-rare-disorder-survey-2021/

This has questions relating to respite for carers along with mental health aspects for carers of managing complex rare conditions.

Closes 1st December.

Regional Disability Strategy for Play, Active Recreation and Sport.

Hi

We'd like to reach out again to please ask for your support to

Disability Strategy for Play, Active Recreation and Sport. As a reminder, we are seeking feedback from Disabled people, Tangata Whaikaha, Whānau, parents and caregivers, and from organisations to make sure our strategy priorities are reflective of the needs of our community.

We have received a number of submissions via our online forms to date, and we have a goal of reaching 100 submissions **by the 17th November**

Can you please help us by following-up with your contacts, Advisory Groups, newsletter recipients, and wider networks with a reminder to please have their say?

You are welcome to re-share the links to the information and feedback forms on our website here and you can also share our latest Facebook post here.

Thanks again for your support, it's much appreciated.

Ngā mihi nui,
Katie Owen | Disability and Inclusion Advisor

Sport Hawke's Bay
Pettigrew Green Arena, 480 Gloucester Street | Taradale | PO Box 7537, Taradale | Hawke's Bay
DDI: 06 845 9336 | MOB: 027 359 4381
Email: katieo@sporthb.net.nz | Website: www.sporthb.net.nz

Fees Free Course starting Jan '22

KEEP EDUCATING YOURSELF!

COURSE OUTLINE

We will be running an Intensive Literacy and Numeracy Course with a limited number of students at one time. This programme works with students one to one to build confidence, develop life skills, and prepare them for the future. They will work at their own pace and with assistance.

COURSE CONTENT

Literacy and Numeracy Worksheets | Job Search Skills | Unit Standards towards NCEA | Personal Well-Being | Create a Professional CV | Write a Job Specific Cover Letter | Employment and Interview Skills

We can also help you with gaining your learners licence.

COURSE OUTCOME

Improved Literacy and Numeracy skills, ability to identify employment opportunities, use self-management strategies and learn other helpful tools.

DETAILS

DRC Centre, 204 Nelson Street North, Hastings
2 Days a week for 25 weeks
9am - 2pm - Transport Provided

CONTACT JOCELYN DAVIDSON TODAY FOR MORE INFORMATION
jocelyn@landbasedtraining.co.nz
027 318 3115

LAND BASED TRAINING
better skills, better jobs, better future

Special Olympics Announcement

Special Olympics New Zealand has announced the new date for the Freemasons New Zealand National Summer Games after this year's planned event had to be postponed due to Covid 19 restrictions.

The Games organisers have moved the four-yearly event to 8-12 December 2022, in Hamilton, exactly one year from the original dates. "The Games are the pinnacle event for many of our athletes and we were heartbroken when we had to postpone, but with the current uncertainty we did not have any other options," says Chief Executive Carolyn Young. 1,600 athletes and coaches, along with 600 volunteers, were expected to arrive in Hamilton next month to test themselves against sports people from 41 other clubs. Now athletes will be arriving in 2022, competing in 10 disciplines across 8 venues all over Hamilton in what will be one of the year's biggest multi-sport events in New Zealand.

"The postponement has been really hard for our athletes, the coaches and volunteers, who had been training, planning, booking flights and taken time off to come to the games. We hope that the extra year will give them more time to train and fundraise, just like the New Zealand athletes who competed at the Tokyo Olympics one year later," says Carolyn.

Caroline adds that many athletes have been through a very rough time, especially those in lockdown. "Now that the date has been confirmed, athletes will have something to look forward to and kickstart their preparations."

For more information, please contact

[redacted]
027 800 1156

Beacon Medical Alarm
MSD funded for home

Just in from Sharon at ADT.

This alarm has the same cost for MSD funding, however you can take away with you and plug in at another property/home.

Battery life 30 hours- max 2 days, and it speaks to you via pendant a reminder to charge.

Choice of services needed when button pressed.

- IP67 (Waterproof – Can be worn in the shower)
- No overcharging
- Magnetic USB cable and charging port or charge through base unit
- Servicing and replacement in New Zealand
- Monitoring in New Zealand (customers info protected)
- SOS button, one touch call ability
- Two-way voice
- Can be worn around you neck, on your belt or key chain
- 4G
- Fall Detection

ADT Security

Sharon Ross
027 6877 304
Medical Alarm Advisor - Wahine pūoho rongoā.

Supporting your Independence.

PARENT TO PARENT HB SUPPORT GROUPS

Parent2Parent Support Groups Hawkes Bay

Does your child/teenager/young adult have a disability, special need or health impairment? Would you like to meet other parents? Share experiences? Access information? Get support and meet new friends? Come along and meet other parents of children with different abilities in a relaxed and informal coffee group. You can drop in for as long or as short a time as suits you.

All welcome, however please remember to RSVP for the CHB and Taradale catchups.
Meet-ups are still once a month for this year. You are welcome to join us let Blanche know 020 40118711 or
email hawkesbay@parent2parent.org.nz and Blanche will welcome you to the group! Just ask at the counter to point you in Blanche's direction on your arrival.

Parent2Parent Coffee Groups

Hastings Coffee Groups

1. *Wednesday 10th November - 11 - 1pm*
2. *Wednesday 1st December - 11-1pm*

Waipawa Coffee Groups

1. *Tuesday 30th November - 11* - 1pm

At Mumma G's down the main street
Parking is free

Taradale Coffee Group

1. *Saturday 28th November - 11 - 1pm*

At Bay Espresso Taradale, paid parking around the back

All these Coffee groups are hosted by Blanche, if you require information please contact Blanche to bring it along on the day. Parent to Parent will also provide one free coffee per person.

Bay Autism Support Coffee Groups

1. *Tuesday 16th November - 10 - noon*
2. *Tuesday 30th November - 10 - noon*

- These coffee groups are hosted by Sharron at Bay Autism Support which is a local volunteer group to support families and individuals with Autism.
- These Support group are held at Café at Watermen's Russell street Hastings.

USEFUL LINKS

Hikoi4Life Facebook page
All Abilities Gym hbitf.org.nz/all-abilities-fitness-gym/
IHC Library IHC Library
Inclusive Taekwon do www.nz-itf.org/

StarJam Website

USEFUL NUMBERS

COVID-19 Helpline - 0800 358 5453
Healthline - 0800 611 116
Lifeline - 0800 543 354 (0800 LIFELINE) or free text 4357 (HELP)

WHAT'S ON IN THE BAY

Don't forget to email us with your activities and events on your calendars
for 2021 and 2022
information@drchb.org.nz

We will be updating this section as we receive confirmation of activities becoming available.

Please email your events/activities to information@drchb.org.nz

ARTICLES OF INTEREST

[Southland service shines]

[Accessibility issues cost businesses dearly in lost sales]

[Waipū Cove Surf Lifesaving Club making a splash with better beach accessibility for people with disabilities]

[Playground has fun improvements planned]
[Making a difference]

[Assisted dying now legal in New Zealand, End of Life Choice Act a 'huge relief' for some]

EDITOR'S NOTE

We are pleased to be able to send out this information and to keep the community informed about what's going on. Please continue to send us your flyers, and any information you have about cool stuff happening here. Don't forget to add your contact details for readers who want further information about your event.

We also appreciate any feedback you have about this newsletter. Tell us what we got right, got wrong or just let us know what you want to see.

Friendly reminder
To ensure your notices, news items and information gets into the update, please have details into us by this **Friday 12pm midday** at the

DRC receives information from our many networks which we pass on in this update. Feel free to share and use this information.

To place a notice, phone 06 873 8210, or email information@drchb.org.nz.

Keep up to date with us on Facebook facebook.com/drchb **and visit our website at** www.drchb.org.nz

Click **here** for Firstport

DRC is a Principle member of:

The Federation of disability information centres

Funded by:

MINISTRY OF HEALTH
MANATŪ HAUORA

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Our mailing address is:
DRCHB
PO Box 2348
Stortford Lodge
HASTINGS 4153

Our physical address is:
204 Nelson Street South
HASTINGS 4122

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