living life connected

Everyday people, everyday places, everyday things

Pekapeka Wetlands

05 July 2021

Kia Ora,

Welcome to this week's Disability Information and Advisory Service newsletter.

fun, along with amazing performances from the four local StarJam workshops.

Also in this week's edition

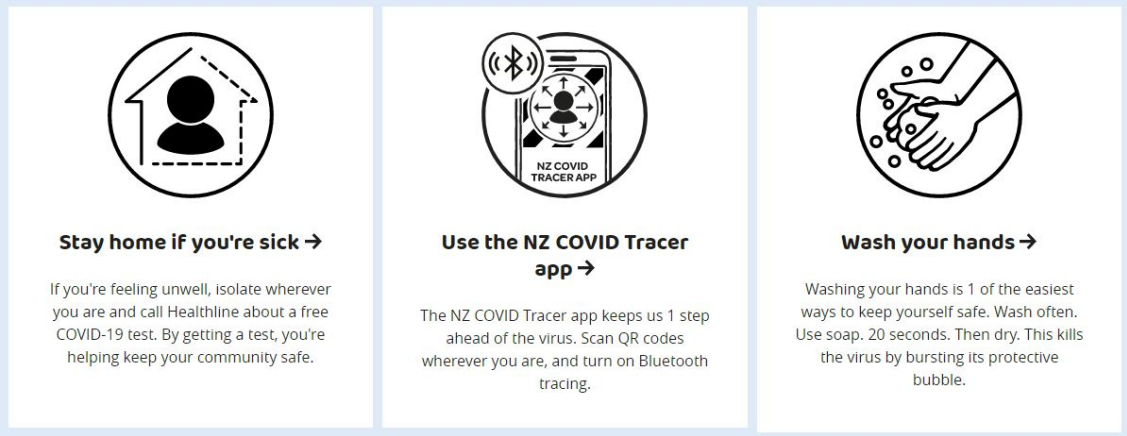
Health and Wellbeing Careers Expo
Raise your hands for StarJam
Brain Injury Hawke's Bay Newsletter
The Playful Place, Napier

Another interesting read from People First's Easy Read library

and much more.....

In 2021 we are looking forward to continuing bringing you news about inclusive events and happenings in the Bay, so if you have something to share, please let us know.

information@drchb.org.nz



Check out this weeks DRC living life connected Sunday Superhero on our Facebook page here

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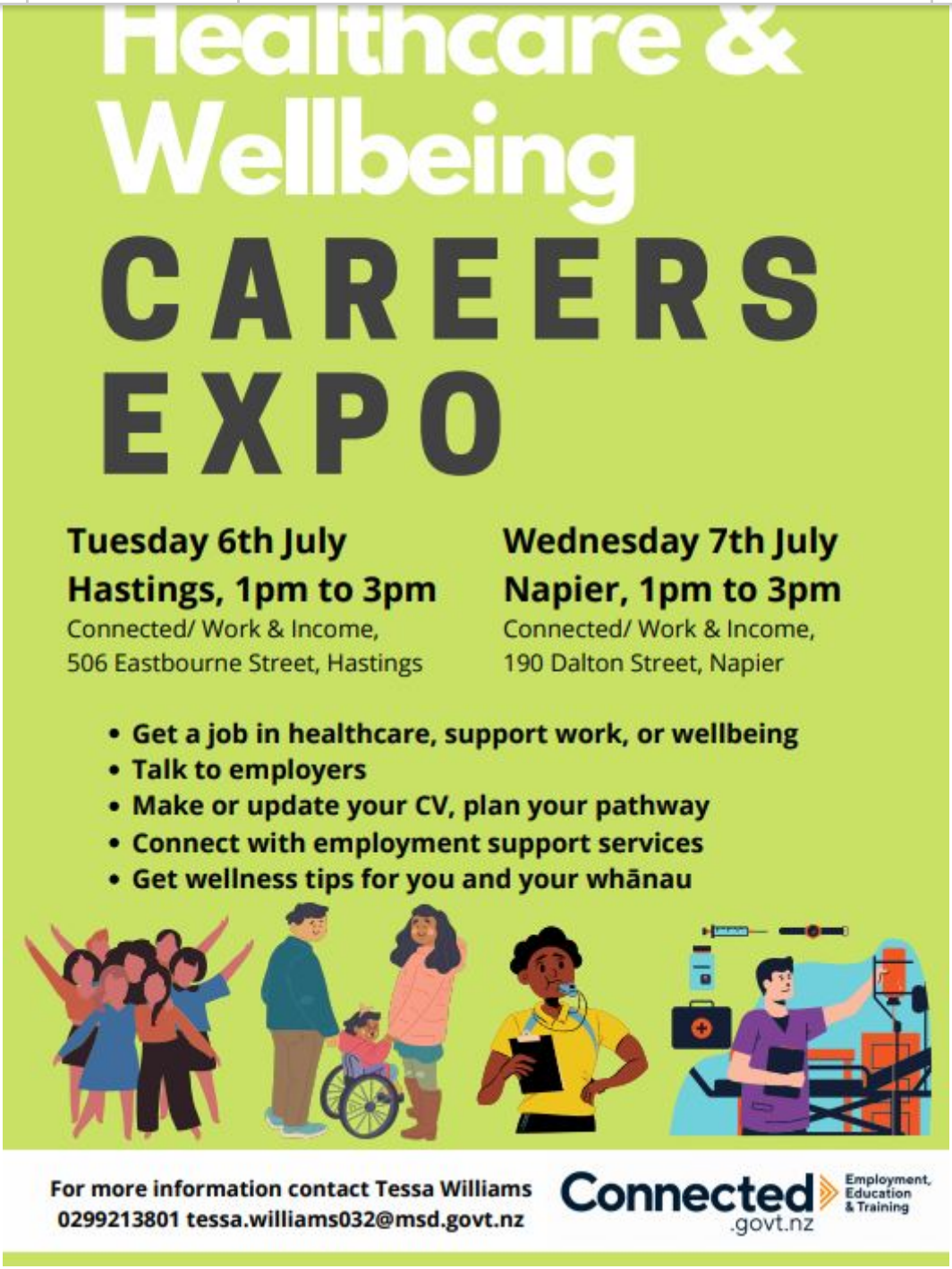
Tomorrow 6 July in Hastings, and Wednesday 6 July in Napier see you there!



Brain Injury HAWKES BAY

Please click here for our July newsletter.

If anyone would like to be included on the mailing list please let me know by emailing katie.hopkins@braininjuryhb.co.nz

For those of you that haven't heard, our Manager Bec (Balme) will be leaving us at the end of July to take on the Manager's role at Age Concern HB. We wish her all the best with her new endeavour. Details of our new team member will be shared as soon as someone is appointed.

Ngā mihi,

Katie Hopkins
Liaison Officer
Brain Injury Association, Hawkes Bay
06 878 6875 ext:5
027 283 8896

My hours of work are 9:30am-2:30pm Tuesday – Thursday

The Playful Place is a private therapy service based in Napier, New Zealand. We specialise in play based therapy and child development. We use a sensory modulation approach to support the sensory world of those attending the clinic.

Developmental Playgroup for Pre-walkers. 1st Friday Every Month. 9:30am - 10:30am - FREE

The Playful Place offers a Developmental Playgroup for babies who were born premature or spent time in NICU/SCBU. This group is designed to be a safe space where parents and babies can come to

- Occupational Therapist Facilitated Group
- Development Milestones Monitored
- Activities to promote Physical Skills, Social skills, Cognitive skills, Language skills
- Clean Safe Environment
- Play ideas for home
- Shared experience with other NICU Mums

Children attending need to be pre-walking, and healthy enough to attend on the day, please no runny noses coughing etc for the safety of other babies.

The Playful Place

6 Ossian St, Port Ahuriri, Napier

StarJam

Raise your hands if you want to be part of a positive movement!

Raise your hands if you believe in supporting positive initiatives in your

StarJam is a national not-for-profit organisation where young New Zealanders with disabilities (“Jammers”) unleash their full potential through the magic of music, dance and performance. StarJam’s nationwide workshops, gigs and events connect Jammers with their passions, peers and wider community.
Together Aotearoa, let’s all raise our hands and raise funding for StarJam and champion the celebration and acceptance of disability. Donate here today

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Security Alert now has 3 MSD funded medical alarms.

Press button for Police, Fire brigade, Ambulance, Ambulance check, friends, family, supports, services.

As with all Providers the Help call goes to the Monitoring Centre and they dispatch the help you need.

Criteria for MSD Funding the same.

New Disability Allowance funding options. Maximum $66.11 per week can be applied for.

Please call 027 6877 304 for more information or to arrange a chat over coffee.

Sharon Ross
Medical Alarm Advisor

NZITF

Inclusive Taekwon-Do @ King Street South

Taekwon-Do for those with intellectual and or physical disabilities is available to everyone at various times during the mornings and during the afternoons, evenings. We offer an inclusive environment integrating those with disabilities. We would like to encourage more to make contact and learn the original Taekwon-Do, ITF, as what the Founder of Taekwon-Do created April 11th 1955.

Ben Evans runs this programme and has been going many years with great success and results. His programme is the first and has expanded internationally to many countries under the IITA (International Inclusive Taekwon-Do Association). The next world championships will be 2023 in Netherlands! We have a NZ Championships for the Disabilities including all ages from primary to

If anyone was interested, get in touch. Our location is 115 King Street South, Hastings, the NZ ITF Taekwon-Do Centre.

You can visit www.nz-itf.org to find out more!

Meaningful Mahi

Te Pou has created an exciting multimedia campaign, called Meaningful Mahi, that tells new stories about disabled people - and disability support work - to inspire a new generation of diverse young people to explore this opportunity.

This campaign showcases young people, especially Māori and Pasifika young people, and presents disability support work in a fresh, exciting way.

The campaign features three spectacular real-life ‘support work matches’, each diverse pair made up of a disabled person and someone who supports them to live a great life. These matches are profiled in the campaign through stories about their unique connections, featuring stunning photography and an ‘FAQ’ video section.

Find out more at meaningfulmahi.co.nz

All Abilities Fitness FREE Community Organisations Gym:

Our gym is located at 115 King street south, Hastings.

We would like to inform everyone, those interested to join our gym FREE, to please fill in the online form: Join – All Abilities Fitness (allabilitiesgym.org) and we will process those who meet criteria.

We are proud to be able to provide the first of its kind in New Zealand to those with disabilities, mental health, elderly and youth at risk organisations involved in the community.

Get in touch to join!

Chair Disability Network

The role's key function is to being together stakeholders in the disability sector to develop preparedness and respond to an emergency that impacts the HB community. During a response they would also need to attend meetings with the Welfare Coordination

A Network of networks structure supports this role as well as a terms of reference (TOR), which outlines the approach. Currently there are four groups within the network of networks. The chairperson has a lead role to initiate and operationalise the network of networks during an emergency response. Each 'sub-group' within the network has a co-chair to support the chair and to manage the meeting process if the chair is not able to for any reason.

The chair would also bring this group together to support preparedness which includes improving the network's approach, training in emergency response, etc.

This role is absolutely critical is ensuring we have an effective response in an emergency for people with a disability. We would love to hear from you.

At present each organisation within the network has agreed to provide and resource a representative for their group(s). This includes the co-chairs for each group, and, the chair (this role). ***It is important that organisation you represent endorses and supports an application for the role.***

Tasks:

- Understand the Welfare Coordination Group's Terms of Reference (ToR) which includes the Disability Networks ToR.
- Maintain a Disability Network distribution list.
- Call and facilitate Disability Network meetings
- Attend Welfare Coordination Group meetings when invited by the DHB Lead for the Disability Network.

What we offer

- CDEM training
- Support to deliver the above functions
- An opportunity to guide and lead the emergency response for people with disabilities.

To apply please send an email to Shari Tidswell DHB Welfare Lead shari.tidswell@hbdhb.govt.nz mobile 027 4535285
If you have any queries you can contact
Shari (as above), or Kirstin Thompson

Don't forget.....

We have moved to 122 Karamu Road South

Our new gym timetable with all our new classes, our new fees and our opening and closing hours will be put up on our Facebook page.

Click on the link below for this week's Easy Read feature article

Cabinet paper from the Minister for Disability Issues: What needs to happen to make New Zealand more accessible for disabled people

Easy Read information is:

information that is clear and easy to read and understand

- developed to support people with learning (intellectual) disability better understand written information
- different from plain English and plain language but uses the same principles and builds on them
- written information, supported by pictures
- uses everyday words and has no jargon or acronyms.

Who is Easy Read information for?

Easy Read information is for people who have difficulty reading and understanding written information.

Easy Read information is for some people who:

- have a learning disability
- have low literacy levels
- use English as a second language
- are elderly
- are Deaf.

Some people will be able to read Easy Read information independently. For others they will require someone to facilitate the information.

The People First Website also has a database of Easy Read documents available, just click here

Parent2Parent Support Groups Hawkes Bay

Does your child/teenager/young adult have a disability, special need or health impairment? Would you like to meet other parents? Share experiences? Access information? Get support and meet new friends? Come along and meet other parents of children with different abilities in a relaxed and informal coffee group. You can drop in for as long or as short a time as suits you.
All welcome, however please remember to RSVP for the CHB and Taradale catchups. Meet-ups are still once a month for this year. You are welcome to join us let Blanche know 020 40118711 or email hawkesbay@parent2parent.org.nz and she will welcome you to the group! Just ask at the counter to point you in my direction on your arrival.

Special Announcement
Coffee groups this term have been very slow, so for the winter months I will be running the Coffee Groups as ***pop up groups*** *only.*

Blanche will randomly announce a group which will be RSVP so keep an eye on Facebook and your emails as that is how it will be communicated.

If you have any queries please do not hesitate to contact Blanch, who am still available for Face to Face support.

What's on in the Bay?

Don't forget to email us with your activities and events for 2021 information@drchb.org.nz

06 July

Wellbeing Careers Expo Connected/Work & Income 506 Eastbourne St Hastings 1-3pm - see above for more details

Auckland Disability Law Cyber Bullying and the Law - This introductory session will cover our cyber bullying law and where to get help. It is a great opportunity to learn how to keep ourselves and those around us safe online. ADL's *Cyber Bullying and the Law* is designed for disabled people and supporters. To register or for more information, email info@adl.org.nz, or text 027 457 5140, or call 09 257 5140.

07 July

Wellbeing Careers Expo Connected/Work & Income 190 Dalton St Napier 1-3pm - see above for more details.

Koryo Taekwando United Diversity KTUD - 128 Market Street North Hastings 11am, koha. A class for everyone, taught by students with diverse abilities. For more information http://www.koryo.co.nz/

Shake Rattle & Roll - A music and dance group for adults with intellectual disabilities to socialise and have fun. Each Wednesday 10.00am to 11.15am. Napier Baptist Church, 36 Riverbend Rd, Maraenui. $3.00 includes morning tea (caregivers free). For more info contact Gail on 027 495 5172

08 July

The Brain Injury HB Taradale Peer Support Group - Bay Expresso,

6875 to register, or email katie.hopkins@braininjuryhb.co.nz

09 July

Altogether Autism - By Autistics for Autistics Zoom group for adults, every Friday 2pm, register at info@altogetherautism.org.nz This is a group for autistic teens and adults, run by two autistic hosts (host is Paul Freeman, co-host is Jolene Stockman.

10 July

Boccia in the Bay Taradale Primary School, 10 Church Road, Taradale 1.30pm-3.00pm. For more info or to register please call Evelyn on 027 307 2665, Sarah on 027 513 8321 or email Susie at susie.chapman@psec.org.nz

14 July

Local Social Dinner Meeting - meets once a month for dinner, a laugh and some chit chat. The July catchup is at the Filter Room, Meeanee, Napier from 5pm-7.30pm. Bring a couple of questions for Trivia Night. Call Tina to RSVP or for more info on 027 381 4133

Koryo Taekwando United Diversity KTUD - 128 Market Street North Hastings 11am, koha. A class for everyone, taught by students with diverse abilities. For more information http://www.koryo.co.nz/

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16 July

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17 July

Boccia in the Bay Taradale Primary School, 10 Church Road,

at susie.chapman@psec.org.nz

21 July

Koryo Taekwando United Diversity KTUD - 128 Market Street North Hastings 11am, koha. A class for everyone, taught by students with diverse abilities. For more information http://www.koryo.co.nz/

Shake Rattle & Roll - A music and dance group for adults with intellectual disabilities to socialise and have fun. Each Wednesday 10.00am to 11.15am. Napier Baptist Church, 36 Riverbend Rd, Maraenui. $3.00 includes morning tea (caregivers free). For more info contact Gail on 027 495 5172

24 July

Boccia in the Bay Taradale Primary School, 10 Church Road, Taradale 1.30pm-3.00pm. For more info or to register please call Evelyn on 027 307 2665, Sarah on 027 513 8321 or email Susie at susie.chapman@psec.org.nz

28 July

Koryo Taekwando United Diversity KTUD - 128 Market Street North Hastings 11am, koha. A class for everyone, taught by students with diverse abilities. For more information http://www.koryo.co.nz/

Shake Rattle & Roll - A music and dance group for adults with intellectual disabilities to socialise and have fun. Each Wednesday 10.00am to 11.15am. Napier Baptist Church, 36 Riverbend Rd, Maraenui. $3.00 includes morning tea (caregivers free). For more info contact Gail on 027 495 5172

29 July

The Brain Injury HB Peer Support Group - Last Thursday of each month. National Services Club, Market St Hastings 11.30am-1pm. The activity for today is Bingo. Please call the office on 878 6875 to register

31 July

Boccia in the Bay Taradale Primary School, 10 Church Road, Taradale 1.30pm-3.00pm. For more info or to register please call Evelyn on 027 307 2665, Sarah on 027 513 8321 or email Susie

05 August

The Brain Injury HB Central Hawke's Bay Peer Support Group - Lily Pond Cafe, Waipukurau at 11am. First Thursday of every month Please get in touch with the office on 06 878 6875 to register, or email katie.hopkins@braininjuryhb.co.nz

06 August

The Playful Place - Development Playgroup - see above more more details

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Articles of Interest

Playing Boccia in the Bay a buzz for Duncan

Tireless manager chalks up 25 years

Europe seeks disabled astronauts, more women in space

Sport's climate change champions

Transition From Plastics Requires Kiwi Ingenuity

The volunteer couple who do it all for their community

Editor's Note

We are pleased to be able to send out this information and to keep the community informed about what's going on. Please continue to send

who want further information about your event.

We also appreciate any feedback you have about this newsletter. Tell us what we got right, got wrong or just let us know what you want to see.

Friendly reminder
To ensure your notices, news items and information gets into the update, please have details into us by this **Friday 12pm midday** at the latest. The update gets sent out weekly on a Monday.

DRC receives information from our many networks which we pass on in this update. Feel free to share and use this information.

To place a notice, phone 06 873 8210, or email information@drchb.org.nz.

Keep up to date with us on Facebook facebook.com/drchb **and visit our website at** www.drchb.org.nz

Click **here** for Firstport

DRC is a Principle member of:

The Federation of disability information centres

Funded by:

MINISTRY OF HEALTH
MANATŪ HAUORA

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204 Nelson Street South
HASTINGS 4122

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