living life connected

Everyday people, everyday places, everyday things

1 February 2021

Our favourite places....Anywhere in Hawke's Bay on a stunning day!!!

Kia Ora,

Welcome to the very first Disability Information and Advisory Service newsletter for 2021.

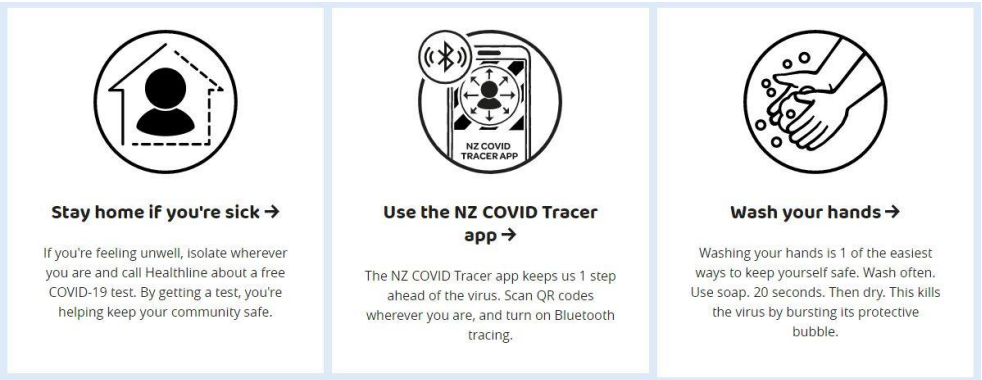
We can't believe that the first month of the new year has already been and gone, time definitely flies when you are having fun!!!

We are looking forward to bringing you news about inclusive events and happenings in the Bay, so if you have something to share, please let us know.

information@drchb.org.nz

Please feel free to email in a photo of your favourite local spot, remember to tell us why is special to you.

information@drchb.org.nz



DRC Living Life Connected

Team Updates

Turning Point - Community Participation

Turning Point provides a service assisting people with disabilities to be valued contributors in their community, helping them to have the confidence, skills and enhances the support given by their family's and friends to reach their full potential.

New year, new beginnings, always a very exciting time, supporting and equipping people on their journey to reach their full potential

It's been great reconnecting with them catching up on their holiday season adventures while also planning new adventures for this year.

'Everyday people, everyday places, everyday things'.

Turning Point - Transition

It's never too early to think about what happens next for ORS students when they are ready to leave school. Our transition team is happy to come out to meet with you, your family and school to share how we can continue to support you on your family member as they continue on their life adventure. Please call us on 06 873 8210 to arrange a time for a chat, we'd love to meet you.

Network Personnel

Do you have a long-term disability or health condition (six months or more) that is impacting your ability to find employment? Perhaps we can help, give Robin at Network Personnel a call on 06 8738210.
Recently Robin from Network Personnel has been working alongside EIT graduates to help them secure work experience placements, and also networking with employers to carve out employment and work experience placements for our existing client base.
Robin says that "employers are currently seeking experienced personnel, especially since the advent of COVID and this is very positive for the Bay"
Network Personnel is always on the lookout for job placement opportunities so if you are looking for that extra bit of help, or know someone who is, please call us on 06 8738210.

Scopze

The Scopze year has hit the ground running with the arrival of Faith and Freedom, great buddies who both completed their schooling last year at Kowhai Special School. We are absolutely delighted to have these ladies choose to come to DRC and already their infectious energy and enthusiasm has taken us by storm. Welcome!!!
We have lots of new activities and adventures planed for the Scopze crew and look forward to sharing these stories here. watch this space.
Geoffrey is this week's Sunday Superhero. Read Geoffrey's story on our Facebook page here.

StarJam - Hawke's Bay Information Evening

StarJam is a not-for-profit organisation that aims to create new and exciting opportunities for young kiwis living with disabilities through the power of music, dance and performance.

StarJam currently runs free weekly workshops in Auckland, Hamilton, Tauranga, Wairarapa, Wellington, Christchurch, and are super excited to announce that after numerous requests, **they are opening workshops in Hawke's Bay this year**.

StarJam are hosting an Information Evening for any potential Jammers and their families, for people interested in tutoring/volunteering and for anyone interested in hearing more about their exciting programme.

What: StarJam Hawke's Bay Information Evening
When: Tuesday 2nd February
Time: 6:30pm-8:00pm
Where: Havelock North Function Centre
To RSVP, please email sally@starjam.org

Katie Owen, Disability and Inclusion Advisor from Sport Hawkes Bay, has just published the first Disability and Inclusion Newsletter for 2021.

There's a whole lot of action coming up and you can check it all out here.

Auckland Disability Law

ADL's Disability Discrimination and the Law Session via Zoom

Register for ADL's next free online legal education session. ADL's Disability Discrimination and the Law session will cover our disability discrimination law and where to get help.
This introductory session is designed for Disabled and Deaf People and supporters. The session's aim is to significantly unpack the law around disability discrimination so it is easy to understand.

Spaces are limited, so register now.

Thursday 25 February 2021, 11am – 12pm

Register by 18 February 2021

To register give us your name, email address, contact phone number, where you live, and the session's name. Please email us at info@adl.org.nz, or text 027 457 5140, or call 09 257 5140 and leave a message.

Zoom and Access Needs

- This session will be delivered by video call on Zoom. You can access Zoom on your mobile phone, tablet, or computer. When you register, more information will be sent to you about how to use Zoom.
- There will be a power point and a handout for this session. Handouts will be sent to you ahead of the session.
- Please let us know if you require Word documents for your Braille reader or device.
- If you require NZSL interpreters, please advise us as soon as possible.
- You are welcome to have a support person or family member with you at the session. If they are joining on a separate device, please give us their name, number and email address too.
- Please let us know if you have any other access needs.

Hastings Sports Centre
Fundamental Movement Programme

This programme is specifically designed for young children with physical and/or learning impairments, where instructors help develop their fundamental skills, and also give them the opportunity to build their confidence and self-reliance.

Important 2021 Term Dates:

- Term 1 Friday 19th February – 9th April
- Term 2 Friday 21st May – 2nd July
- Term 3 Friday 13th August – 24th September
- Term 4 Friday 29th October – 10th December

Times:
10:00am-10:45am

Cost:
Costs $5 per person

Programme Outline:
During this programme the children will work on:
Gross motor skills – walking, running, jumping, hopping
Fine motor skills
Balance – static and dynamic
Hand-eye coordination/visual tracking
Crossing the midline – turning/rotating/lateral and bilateral

Places are limited, please contact Hastings Sports Centre to register or for further information. click here

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The Hawke's Bay MS Society has moved offices.

You will now find them at 174 Hyderabad Road, Ahuriri, Napier

monique driving you

HAWKE'S BAY

Enjoy the company of a friend

We provide a pre-book driving and personal assistance service for elderly, physically or mentally impaired persons, school children, people in wheelchairs and scooters, and people who simply want a friendly chauffeur.

And we will help and support you, not just drive you. We offer as much or as little assistance as you or your loved one requires. We won't rush you.

- We make organising shopping, trips, and appointments easy.
- We have many years of experience in your area and have established very good relationships with local business and health providers.
- We can make appointments for you; help you with your shopping; stay with you at the doctor's; run your errands; help you with anything to stay independent.
- For children and teens, we take the care you would, ensuring they are delivered to the right person at the correct time, with whatever musical equipment, sports or other gear they need. And on collection, that they have all their personal belongings with them.
- We're approved by ACC and accept Total Mobility vouchers.

You can be confident that you or your family, young or old, are in safe hands. All our drivers are police checked, first aid trained, and comply with the passenger service safety standards controlled by the New Zealand Transport Agency. Unlike a traditional taxi service, our pre-book requirement means that we guarantee to be there at the time arranged; you can rely on us.

Book here or call 06 877 7807

Volunteering Hawkes Bay

has a new website, a new physical address and over 300 volunteer positions available!!!

Leanne from Volunteer Hawke's Bay is now based at the Hive at 200 Market Street North, Hastings so pop in and say 'Hi', and the coffee is free.

Leanne is running solo now and is looking forward to supporting everyone to achieve their goals, starting with the new website and database which is much more efficient, modern and simple to use. Even better is the fact that a volunteer no longer has to register and sign in but can view the roles immediately and then apply for up to 2 roles at a time.

https://volunteeringhb.org.nz/

Parent to Parent

Parent2Parent Support Groups Hawkes Bay

Does your child/teenager/young adult have a disability, special need or health impairment? Would you like to meet other parents? Share experiences? Access information? Get support and meet new friends? Come along and meet other parents of children with different abilities in a relaxed and informal coffee group. You can drop in for as long or as short a time as suits you.
All welcome, however please remember to RSVP for the CHB and Taradale catchups . Meet-ups are still once a month for this year . You are welcome to join us let Blanche know 020 40118711 or
email hawkesbay@parent2parent.org.nz and she will welcome you to the group! Just ask at the counter to point you in my direction on your arrival.

What's on in the Bay?

Don't forget to email us with your activities and events for 2021 information@drchb.org.nz

02 February

StarJam Info Evening - Havelock North Function Centre 6.30pm - 8pm for for any potential Jammers and their families, for people interested in tutoring/volunteering and for anyone interested in hearing more about this exciting programme.

03 February

Shake Rattle & Roll - A music and dance group for adults with intellectual disabilities to socialise and have fun. Each Wednesday 10.00am to 11.15am. Napier Baptist Church, 36 Riverbend Rd, Maraenui. $3.00 includes morning tea (caregivers free). For more info contact Gail on 027 495 5172

05 February

Altogether Autism - By Autistics for Autistics Zoom group for adults, every Friday 2pm, register at info@altogetherautism.org.nz This is a group for autistic teens and adults, run by two autistic hosts (host is Paul Freeman, co-host is Jolene Stockman.

09 February

Bay Autism Support - Coffee Group restarts at Empire Cafe on Wednesday 9 February, 9 Allen Berry Avenue, Pirimai, Napier

Hawkes Bay Halberg Games Team Activity Evening - Pettigrew Green Arena, 6pm For both athletes and parents, this will be an evening of fun activities and planning in preparation for the Halberg Games. RSVP to Celia O'Driscoll

10 February

Shake Rattle & Roll - A music and dance group for adults with intellectual disabilities to socialise and have fun. Each Wednesday 10.00am to 11.15am. Napier Baptist Church, 36 Riverbend Rd, Maraenui. $3.00 includes

morning tea (caregivers free). For more info contact Gail on 027 495 5172

11 February

The Brain Injury HB Taradale Peer Support Group - Bay Expresso, Gloucester Street, Taradale 10-11am, meetings resume 11 February 2021 and will be held on the second Thursday of each month. Please phone the office on 06 878 6875 to register

13 February

Parent2Parent Taradale Coffee Support Group Come and have a coffee with us at Bay Expresso, Gloucester Street, on us - see above for more details Please note: RSVP required for this Support Group.

19 February

Fundamental Movement Programme Hastings Sports Centre, Railway Road Hastings Term 1 begins. See above for more information

23 February

Parent2Parent Waipukurau Coffee Support Group. Come and have a coffee with us at Hatuma Cafe, State Highway 2 Waipukurau on us. See above for more details, Please note: RSVP required for this Support Group.

24 February

Parent2Parent Hastings Coffee Support Group Come and have a coffee with us at Bay Expresso, Karamu Road, on us - see above for more details

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Articles of Interest

Hawke's Bay community rallies to find disabled boy's stolen wheelchair

Woman calls for removal of disability beach mat after injuring foot - advocates defend it
Wheelchair Climber Scales Hong Kong Skyscraper

A helping hand and a shout out online nets Glen his first job

I'm blind, but I love going to the movies. Here's how it works

New year honour Carol Charman (VIDEO)

When it comes to health, we're not all in this together

Editor's Note

We are pleased to be able to send out this information and to keep the community informed about what’s going on. Please continue to send us your flyers, and any information you have about cool stuff happening here. Don't forget to add your contact details for readers who want further information about your event.

We also appreciate any feedback you have about this newsletter. Tell us what we got right, got wrong or just let us know what you want to see.

Friendly reminder

To ensure your notices, news items and information gets into the update, please have details into us by this **Friday 12pm midday** at the latest. The update gets sent out weekly on a Monday.

DRC receives information from our many networks which we pass on in this update. Feel free to share and use this information.

To place a notice, phone 06 873 8210, or email information@drchb.org.nz.

Keep up to date with us on Facebook facebook.com/drchb **and visit our website at** www.drchb.org.nz

Click **here** for Firstport

DRC is a Principle member of:

The Federation
of disability information centres

Funded by:

MINISTRY OF HEALTH
MANATŪ HAUORA

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